NAME:

Short Film - "Validation"

Validate (v)

To validate is to prove that something is based on truth or fact, or is acceptable. It can also mean to make something, like a contract, legal.

You may need someone to validate your feelings, which means that you want to hear something like, "No, you're not crazy. It's acceptable to be angry about that." Or you may need someone to validate your parking ticket — which means you have to prove that you bought something, so you can get parking for free.

1. What did you think of the short film?

2. Who or what gives you validation in your life? How?

3. Who do you give validation to? How?

4.   Why do you think validation is necessary for people?

5.   Who could you be validating that you are not currently?

Wow, look at all that blank space   o.O